

# ASOJ

**Badqabka Saxaafadda inta lagu guda jiro  
cudurka safmarka ah ee COVID-19**

**Journalism Safety during the COVID-19 epidemic**

**In kastoo saxaafaddu muhiimad leedahay xilliyyada lagu guda jiro xasaradaha, misna wariyeyaa shu waxay weli la kulmaan caqabado ku yimaada caafimaadkooda iyo bad-qabkooda inta uu socdo cudurka COVID-19.**

**Despite the importance of journalism during a crisis, journalists continue to face challenges to their health and safety during the COVID-19 epidemic**

## TALOOYIN LOOGU TALAGALAY SUXFIIINTA:

- Iskuday inaad waraysi ku qaadid banaanka. Inta aad war tabineyso, fadlan hubi inaad ilaisid ka fogaansthaa dadka kale, oo ay ku jiraan dadka aad waraysaneyso.
- Sawir qadaayaasha waa iney isticmaalaan kaamirada leh muraayada meal fog wax ka soo dhaweesya si loo xaqiijyo masaaafada.
- Ila wareedyadu ma ana in khatar loo galiyo inay cudurka qaадان, Dhammaan xiriirrada waa in lagu sameeyaa dhinaca telefonoonka ama khadka internetka sidii suurtagal ah.
- Faafi ama daabac macluumaad la xaqiijiyey oo sax ah keliya. Warbixinnadada ha noqdaan kuwo run ah oo saxon. Yaysan ku hagn warar ku-tiri-ku-teen an ama macluumaad khaldan.
- Ka xaqiiji macluumaadka laba illood ka hor intadaan daabincin ama faafin si looga hortago faafitaanka macluumaad khaldan iyo khal-khal.
- Inta aad ka warbixinaysid dadka cudurka qabo, xafid xogtooda u gaarka ah. Ha takoorin qof cudurka qaba.
- Dhinaca jinsiga (lab ama dhidig) ayaa loo baahan yahay in la qaddariyo marka la tabimayo ama faafinayo macluumaadka ku saabsan COVID-19.

## TALOOYIN LOOGU TALAGALAY XARUMAHAWARBAAHINTA:

- Xarumaha warbaahinta waxaa lagula talinayaan in ay maareeyeen sidii guryaha looga shaqeyn lahaa si loo yareeyo fursadda ay saxafiiinta ay ku qaadi karaan cudurka ama uu ku faaf karo.
- Xarumaha warbaahinta waxaa lagula talinayaan inay siliyaan suxifiyiinta qalabka loo baahan yahay inay isku badbaadiyaan iyo talaaboyin ay isku difaacaan.
- Xarumaha warbaahinta waa inay mudnanka silyaan tabinta warbixin xaqiijo ah. Ku tartamida wararka deg-degia ah yaan la dhiir gelinin si loo yareeyo faafitaanka maciuumaad khaldan.
- Xarumaha warbaahinta waa inay wakhtigooda ku siiyaan saxafiijinta mushaarkooda bilaha ah oo buuxa jyo tas-hillaad caafimaa.

**URURKA ISU TAGA  
SUXUFIIINTA SOOMAALIYEED**

**ASOJ.ORG ASSOCIATED SOMALI  
JOURNALISTS**